OOZOO
SMARTWATCHES

USER MANUAL
MODELS Q00110 - Q00119

First use

The watch requires a bluetooth 4.0 or higher connection with a smartphone with at least Android 5.1 or IOS 8.0.

Charging the watch

Connect the metal contact on the back of the smart bracelet with the charger and insert the other end of the charger into a USB charger or computer USB port. You should see on the screen that the watch is being charged.

Power on

Hold the touch button for 5 seconds or plug in the charger to charge the smart watch.

Downloading the app

To download the app, scan the QR code below with your device or search the app store for "Da fit".

ANDROID

IOS

Connecting the watch

Click on "Add Device" to pair the watch.
Choose your watch from the list.
For IOS systems, there will be a Bluetooth Pairing Request, for Android systems it will connect directly.

After the watch and app are first paired, the watch will synchronize the time, date, steps, and calorie counter with the phone.

Disconnecting the watch

For Android, you can disconnect the watch from the phone by clicking on the Remove Device button in your bluetooth menu. For some particular models of mobile phones, after it is disconnected, it is necessary to click settings- Bluetooth- paired device- cancel the pairing.

After IOS is disconnected, you need to click settings- Bluetooth, click on the symbol on the right, and choose to ignore the device.

Functions

OVERVIEW:
This screen shows an overview of steps, distance walked and calories burned.
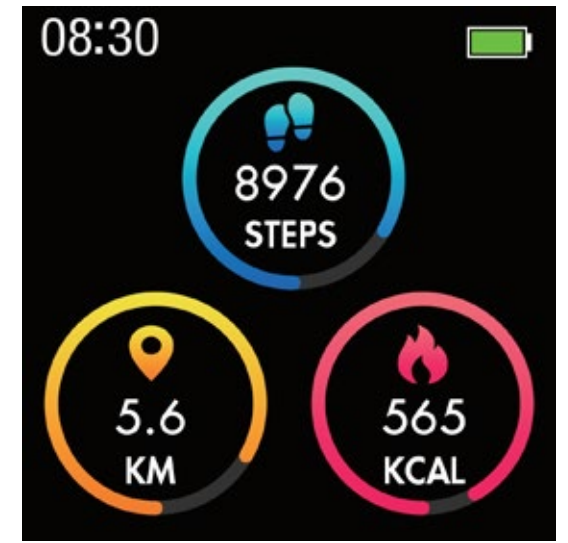
Heart rate monitor:
The heart rate monitor starts automatically after 2 seconds. On "start" and "end", the watch will vibrate once and display the current heart rate.
For accurate results the watch should be well contacted with the skin. If the smart bracelet is too loose this can result in inaccurate measurements.
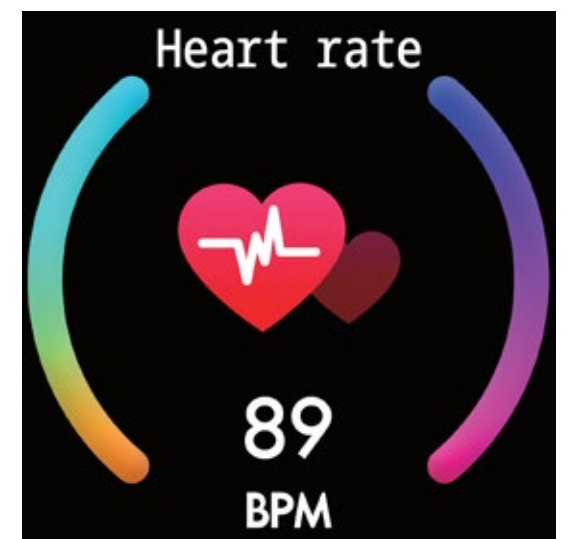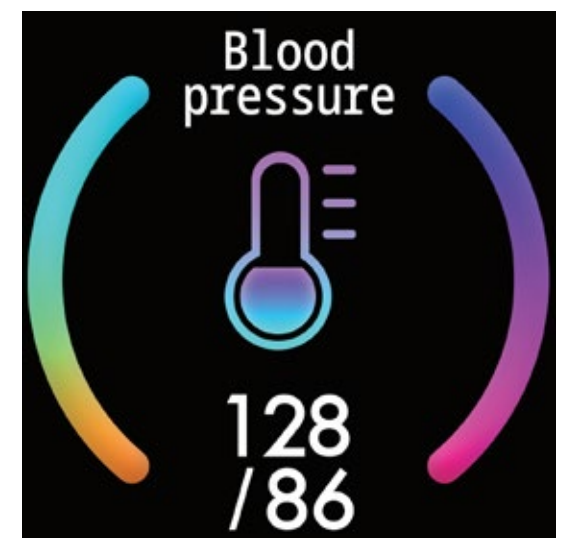
Note: The results of a heart rate measurement are for reference only, and cannot be used as the basis of medical related aspects.

Blood pressure:
The Blood pressure measurement starts automatically after 2 seconds. On "start" and "end", the watch will vibrate once and display the current blood pressure.

You should measure blood pressure while rested. Rest for at least 5 minutes before measurement to avoid tension, anxiety and emotional excitement. Measure blood pressure three times, with two minutes apart each time, for the most accurate results.

Note: The results of a blood pressure measurement are for reference only, and cannot be used as the basis of medical related aspects.

Blood oxygen:
The Blood oxygen measurement starts automatically after 2 seconds. On "start" and "end", the watch will vibrate once and display the current blood pressure.
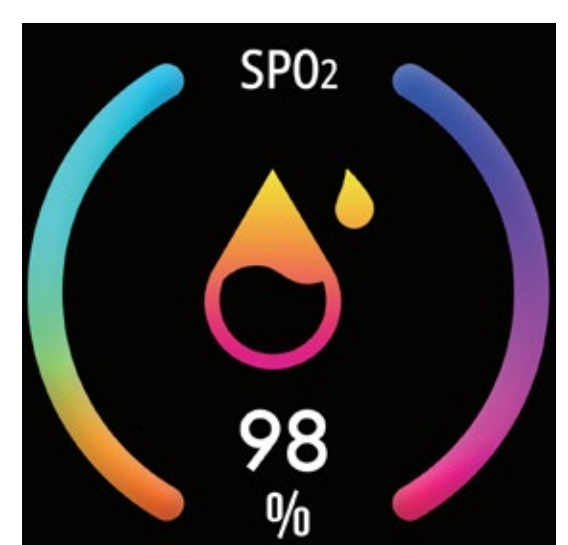
Note: The results of a blood oxygen measurement are for reference only, and cannot be used as the basis of medical related aspects.

Sports modes:

On the sports screen, you can enter the sports mode by holding the touch button for two seconds. The sport mode includes walking, running, cycling, rope skipping, badminton, basketball and football.

If you choose a mode, it will start recording the sport parameters after you hold the touch button for two seconds. Also, you can hold the touch key for two seconds to select "pause", "exit" or "return".
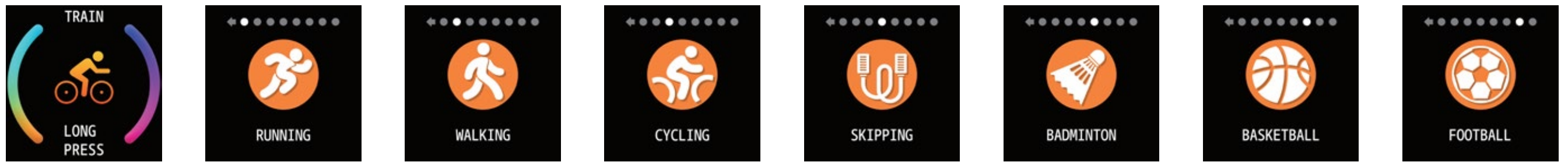
Sleep monitor:

When wearing the smart watch while you sleep, it can automatically determine whether users are asleep, record deep sleep and shallow sleep, and summarize sleep time to help users monitor their sleep quality.

Note: The results of the sleep monitor are for reference only, and cannot be used as the basis of medical related aspects.

Weather:

This will display the current weather. Long press the touch button for two seconds to display the weather conditions for tomorrow. Weather information is only available if the smart watch is connected to a phone,
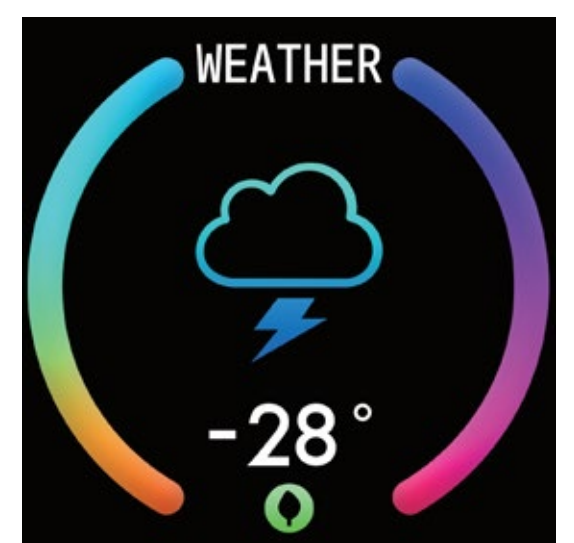
Message:

You can view your messages by holding the touch button for 2 seconds. You can go to the next messag by tapping the touch button.

You can delete the current message by holding the touch area for 2 seconds.

Music Control:

Hold the touch button for 2 seconds to enter music control. When the mobile phone plays music, you can use the watch to control the music, play/pause, next and previous song.

Photo control:

By holding the button area for 2 seconds, the camera interface will launch on the phone, you can then automaticly take a picture by shaking the watch or holding the touch button for 2 seconds.

Settings

By holding the touch button for 2 seconds you can enter the settings. Here you can find the stopwatch, factory reset, power-off and brightness settings.

Stopwatch:
By holding the touch button for 2 seconds the stopwatch will start. Tap the button to pause and hold it again to stop.
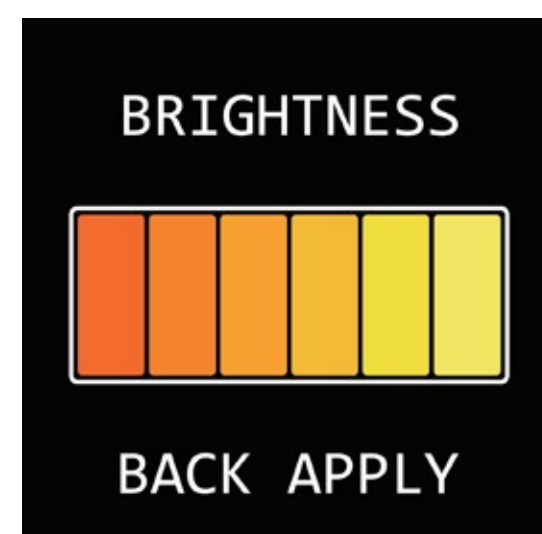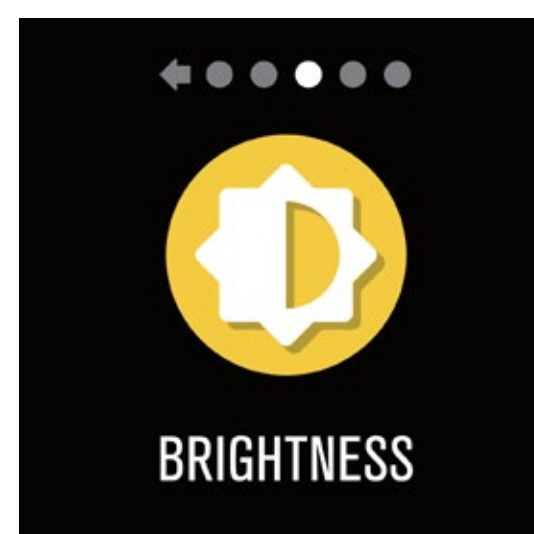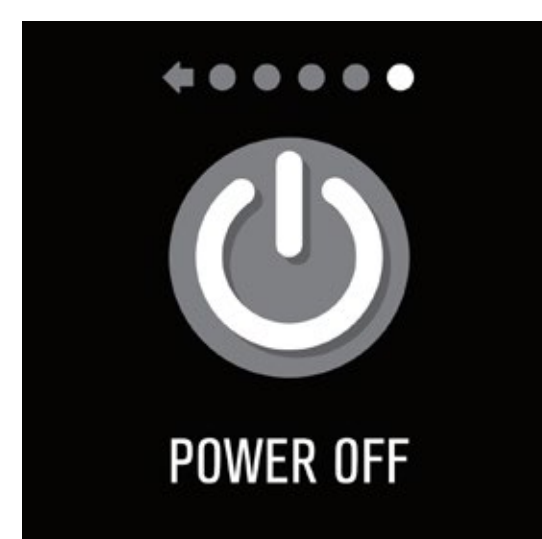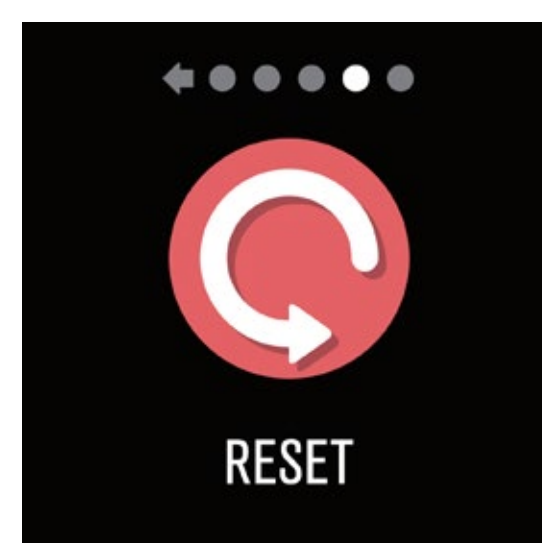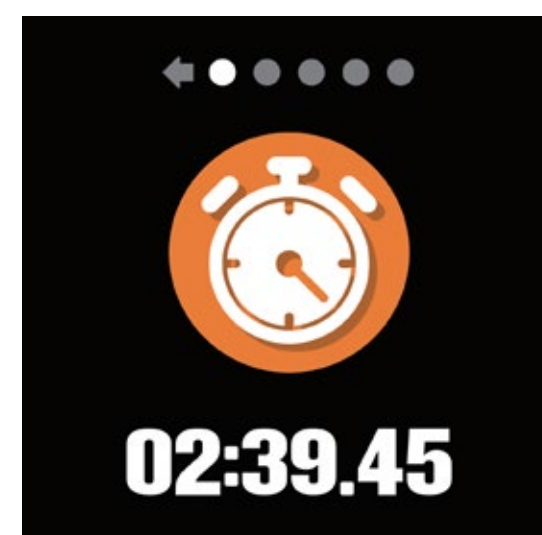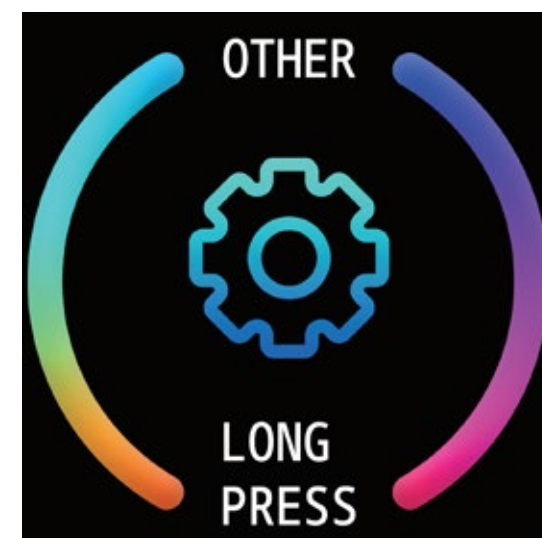
Factory reset:
Hold the touch button for over 3 seconds to clear all messages and restore the factory setting.

Power off:
Press and hold the touch button for 2 seconds to shut-down.

Brightness settings:
Hold the touch button to enter brightness settings. You can tap the touch button to adjust the brightness and hold the touch button to apply.

Frequently asked questions

1. Can't find the device when pairing the device?

Try one of the following:

Please ensure your Bluetooth (4.0 or higher) is turned on and the mobile phone system is Android 5.1/IOS 8.0 or higher.

Please ensure the distance between your phone and device is less than 10 meters.

Please ensure that the device is charged and doesn't display 'low power'. If there is still a problem when fully charged, please contact us.

2. Can't connect the device with the app?

Sometimes the Bluetooth service of smart phones will be abnormal when rebooted. Please restart your Bluetooth or restart the smart phone and try again.

3. The app doesn't display any data?

Please make sure that the device is connected correctly to the smart phone. Pull down the homepage in the app to sync the data from the device. Make sure that your smart phone and device are charged.

4. Wrong time?

Please make sure that the device is fully charged and connected correctly to the smart phone. The time will be synced automatically with your smart phone.

Maintenance

- The watch is IP67 waterproof (1m. deep water for max. 30 minutes). Please do not wear the device under a hot shower.

- When the watch falls or collides, it may cause damage or scratches to the devices.

- Do not disassemble the device yourself.

- Keep the device away from high temperature and fire.

- Use a soft cloth to clean the device. Do not use soap, shower gel or any other detergents to clean it.

- Please charge the device one time per three months.

Specifications

- **Screen size**   1.3 inches TFT
- **Waterproof**   IP67 (dust-tight and splash proof)
- **Material case**   Metal with IPS plating
- **Material strap**   Stainless Steel or Rubber
- **Case size**   Ø 43 mm.
- **Battery capacity** 170mAh
- **Standby time**   up to 7 days

Proof of purchase/receipt is needed to claim warranty

The company reserves the right to amend the contents of this manual without notice. Some functions cannot be applied to all mobile phones for normal conditions. Please understand that all test data generated (heart rate, SPO2, blood pressure) by this product are an indication and for personal use only and NOT FOR MEDICAL PURPOSES.